

## **CATEGORIES OF ABACUS**

- **RUNNER LEVEL (STD 1 TO 4 TH)**

1. **BASIC LEVEL**

- (a) **RUNNER 1**
- (b) **RUNNER 2**
- (c) **RUNNER 3**
- (d) **RUNNER 4**

**EACH BASIC LEVEL REQUIRES 2 TO 3 MONTHS**

**OF DURATION. IN THIS RUNNER LEVEL 1, I**

**TEACH 1 TO 100 NUMBERS IN ABACUS BEADS,**

**THEN I WILL TEACH THEM TO DO BASIC**

**ADDITION WITH THE HELP OF ABACUS BEADS**

**USING SIMPLE FORMULAS. I WILL GIVE DAILY**

**PRACTICE BY GIVING THEM HOME WORKS OR**

**ASSIGNMENTS.**